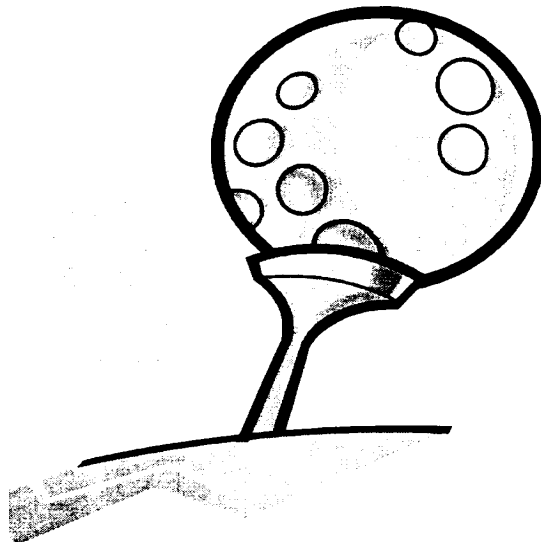




2010
JUNIOR
GOLF PROGRAM



BELLINGHAM GOLF & COUNTRY CLUB

Clubhouse

733-3450

Pro Shop

733-5381

Dear Parents and Juniors,

It is time to sign up for Junior Golf Camp. We are excited to offer three camps that will offer golf instruction to Juniors between the ages of 5 and 14. Junior Golfers between 7 and 14 may sign up for Camp A or Camp B. The third camp will be a new camp this year for the "Tiger Tots" of the club. This camp will offer those just old enough to swing the golf club a chance to come out for some early instruction and a lot of fun. This camp is for Juniors ages 5 and 6 and will run for 2 days, 1 hour each day. The cost for the Tiger Tots will be \$40.

Junior Golf is always going to be an area that I place a great amount of emphasis on. I believe golf can teach children many lessons when it comes to sportsmanship, etiquette and competition. Great pros and even greater parents are the main reasons that the game has treated me so well.

To be eligible for our program you must be between the ages of 5-14 years. In addition, you must be a child or grandchild of a golf or social member of the club. Our goal is to have small and manageable class sizes to enhance the learning experience. My overall vision is to offer the best junior golf instruction possible, while maintaining a fun but safe environment.

Each child in Camp A and Camp B will receive 6 hours of professional instruction from our assistant pros and I. The season will end with a two-day club championship, followed by an awards barbeque. Your children will also receive a golf shirt and prizes for various contests during the season. The instruction fee will be \$80 per child.

My staff and I look forward to making golf fun for your child this summer!

See you this summer,

Mike Montgomery
Head Professional

JUNIOR GOLF PROGRAM

Objective: To educate children in the areas of swing fundamentals, rules of the game and golf etiquette by properly channeling perfect practice, friendly competition and good sportsmanship.

Program: We will offer 6 hours of professional instruction to each child. Camp A & B will include two hours of instruction, drills, and competitions over three days. Tiger Tots will include one hour of instruction for two days. All areas of the game will be covered.

Private lessons are available from the professional staff at \$25.

Play: Please check with pro shop for times that the course is available for junior play.

Competition: We will have friendly competitions during the clinics and have a formal Junior Championship on August 9 & 10.

Dress Code: Juniors must adhere to the golf course dress code. Juniors should be attired in slacks or Bermuda shorts. Shirts must have collars, and caps must be worn with the bill facing forward. Shirts must be tucked in at all times. **NO JEANS OR SWEATS**

**Bellingham Golf & Country Club
2010 Junior Golf Schedule**

Tiger Tots – Open to Ages 5-6

Cost \$40.00/Child

Tuesday June 29 2:00-3:00

Thursday July 1 2:00-3:00

Camp A Open to Ages 7-14

Cost \$80.00/Child

Tuesday July 6 2:00-4:00

Thursday July 8 2:00-4:00

Saturday July 10 2:00-4:00

Camp B Open to Ages 7-14

Cost \$80.00/Child

Tuesday July 27 2:00-4:00

Thursday July 29 2:00-4:00

Saturday July 31 2:00-4:00

Junior Golf Championship

Monday August 9 2:00-4:30

Tuesday August 10 2:00-4:30

(BBQ and Awards to Follow!)

*****Sign up deadline is June 17th***

Commonly asked questions-

When should I start my child playing golf?

There is no easy answer to this question. Tiger Woods started at age 1 and Greg Norman started at age 18. Starting early has advantages and disadvantages. The goal is to expose a child early when he/she naturally shows interest. I would like to see a child start playing golf before age 14 but not any earlier than age six. Remember that for every child that was raised like Tiger Woods, there are a thousand children that were burned out by age 14. Natural ability will determine the success of a child, not starting early. If your child is enjoying him/herself at an early age great but just allow them to have fun in their own way. This is a sure way to get them hooked.

How early should my child start taking formal golf lessons?

First off, at the start, say age 7-9, the extent of a lesson would be grip, stance and basic swing. After that the best lessons are practicing, learning by trial and error. Trust the pro's judgment if a child is competent early. The pro may not opt to become very involved in order to let the child develop his/her natural talents.

How regimented should the lesson routine be?

A lot of people wonder why their child goes to basketball practice five days a week, but the golf pro suggests one lesson every two or three weeks. The difference is that at a basketball practice they are not working on mechanics every day. In fact rarely do they work on mechanics, instead most practice time is focused on playing or developing plays. Playing golf five to seven days per week will improve your child's game, but getting lessons everyday usually leads to confusion. Mechanics are the same as habits and it is said that it takes 21 days to change a habit and that is if you work on it consistently for 21 days in a row. Trust your pro; your child may really just need cheerleader.

Will my child be good at golf after the summer?

Maybe. If the child has talent he/she will have improved considerably. If he/she works hard then they will be good. If parents foster his/her interests by playing with him/her a few days a week, then the potential for a successful junior golfer is unlimited. The one constant I see in all great junior golfers is very involved and supportive parents.

What will my child gain from the junior golf program?

Your child will definitely come home with a familiarity with the game. Your child will be comfortable on a golf course, understand the basic rules and etiquette of the game. They will also understand the basics of the golf swing. Lastly, your child will understand the game to the extent that they can make a decision whether golf is something they wish to pursue.

As a parent what can I do to help my child become the best they can be?

Get involved! It's more than dropping your child off at junior lessons every week. Get out on the range, putting green and golf course with your child as often as possible. Make golf a fun family event. Lastly, trust your pro's advice. If the pro thinks your child needs instruction get it, if he thinks your child needs to play, take him/her on the course.

REGISTRATION FORM
(Please return this form to pro shop)
Sign up deadline is June 17th

Please enter all children that you wish to enroll in the program.

Child's Name: _____
Child's Age: _____ Shirt Size: _____
1st Choice for Camp _____ 2nd Choice for Camp _____

Child's Name: _____
Child's Age: _____ Shirt Size: _____
1st Choice for Camp _____ 2nd Choice for Camp _____

Child's Name: _____
Child's Age: _____ Shirt Size: _____
1st Choice for Camp _____ 2nd Choice for Camp _____

Child's Name: _____
Child's Age: _____ Shirt Size: _____
1st Choice for Camp _____ 2nd Choice for Camp _____

Children must be children or grandchildren of a golfing or social member

Member Name: _____

Member Number: _____

Charge _____ Check _____ ***\$80 per child for Camp A or B/\$40 for Tiger Tots***

Emergency Contact

Name: _____

Address: _____

Phone: home _____ cell _____